



What are Belgian Fries



Wikipedia Search for

French Fries

Culinary country of origin

Belgium



The Belgian journalist Jo Gérard recounts that potatoes were fried in 1680 in the Spanish Netherlands, in the area of “The Meuse valley between Dinant and Liège, Belgium.

The poor inhabitants of this region allegedly had the custom of accompanying their meals with small fried fish, but when the river was frozen and they were unable to fish, they cut potatoes lengthwise and fried them in oil to accompany their meals.”

Many Belgians believe that the term “French” was introduced when American soldiers arrived in Belgium during World War I, and consequently tasted Belgian fries.

They supposedly called them “French”, as it was the official language of the Belgian Army at that time.

“Les frites” (French) or “Frieten” (Dutch) became the national snack and a substantial part of several national dishes

Wikipedia on the net